



Physical Therapy

2011 CATALOG



Made In The U.S.A.

KoreFit™

Total Body Workout in 30 Minutes

The KoreFit™ Dynamic System consists of: 1 KoreFit™, 3 Sets of KoreBands (Light, Medium, Heavy), 1 Air Pump, KoreFit Dynamic System DVD

A. Open KoreFit™

The KoreFit™ opens up easily for use.

B. Folding KoreFit™

The KoreFit™ easily folds up by pulling up on the handle located in the middle of the unit.

C. Easily Portable

The KoreFit™ weighs 30 lbs. and is easily portable

D. KoreBands

The KoreBands comes in 3 different strengths (Light, Medium, and Heavy)

E. Power Gauge

The Power Gauge sets up in front of KoreFit™ and provide balanced bio-feedback. You will see if you are balanced during all activities on KoreFit™.



Bottom View



A



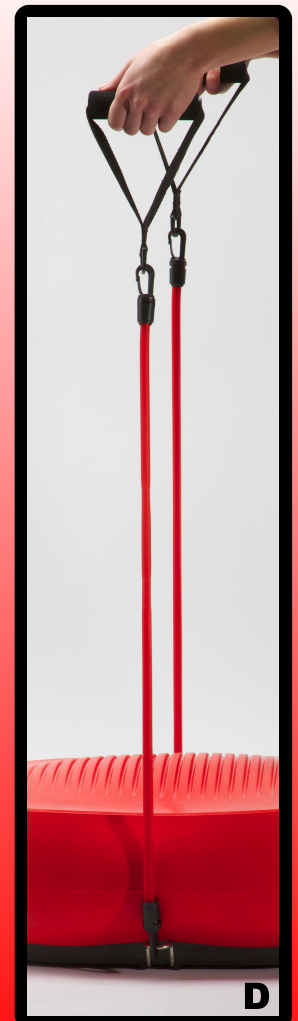
B



C



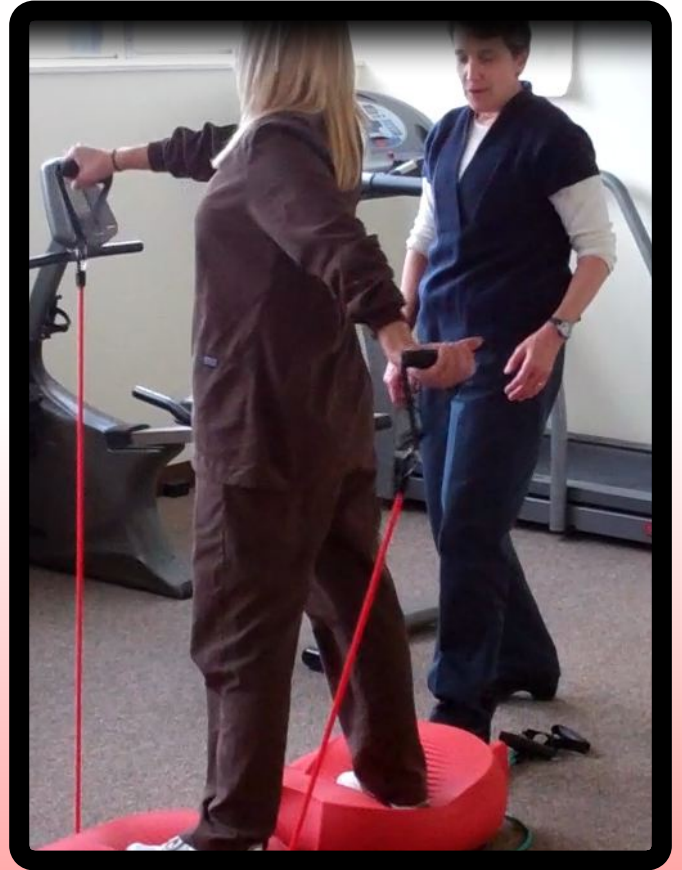
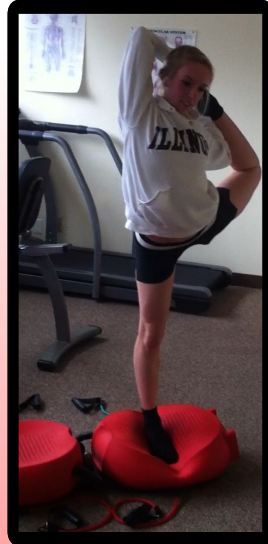
E



D

The KoreFit™ in use at a Clinic

"KoreFit was created by a physiotherapist to advance his patients rehab through Dynamic Functional Principles. KoreFit serves multiple purposes to aid in the rehabilitation of your patients. KoreFit can be used as a diagnostic tool and a rehab partner throughout any program. KoreFit incorporates physical therapy principles into one portable device. See why physical therapy and rehabilitation professionals are incorporating KoreFit into patient recovery programs."



The KoreFit™ Facts:

- Developed by a Physiotherapist for rehabilitation and fitness programs.
- Variable Stability System:
 - o An easy turn of the control knob increase the intensity of your workout
 - o Level 1 – 0% Air transfer between both halves
 - o Level 2 – 33% Air transfer between both halves
 - o Level 3 – 66% Air transfer between both halves
 - o Level 4 – 100% Air transfer between both halves
 - o The goal is to keep the user balanced between the two Kore Ballasts
 - o Maximize multi-planer exercises for a total body workout
- 6 Different KoreBand Attachment Points
 - o The exercise possibilities are endless – band exercises intensify your KoreFit™ workout
 - o KoreBands – 3 feet in length, rotation technology, dual carabineers to minimize sheer force
Light, Medium, Heavy
- Full Inflation:
 - o 8 inches tall – same height as a step (great for functional rehabilitation and/or training)
 - o The ballasts are prorated to 300 lbs. of the user's weight
 - o The KoreFit™ gives the user enough "bounce" while still inflated
 - o Max inflation height is 10 inches
- Ridges
 - o The ballast ridges secure the user in a neutral body position throughout a workout
 - o Provide flexibility to increase or decrease balance intensity
 - o Ridges relay proprioceptive feedback and engage the core throughout a workout
- Unique Shape
 - o The body is not round and neither is the KoreFit™ – the next generation of dynamic balance equipment
 - o Elongated shape enhances body's imbalances to provide better body awareness
 - o Total Body Workout in approximately 30-Minutes
 - o Find Pure Balance™



KoreExtreme

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